

Rehabilitation Nursing Certification Board

Verification of rehabilitation nursing experience alternatives: policy & procedure

Certified Rehabilitation Registered Nurse (CRRN[®]) renewal or examination candidates who have been working in independent practice or caring for physically disabled or chronically ill family members for a minimum of two years within the past five years and are unable to obtain signatures from two professional colleagues, one of whom is a CRRN or immediate supervisor, may submit the following documentation as verification of rehabilitation nursing experience. All documentation will be evaluated and a decision made by the Rehabilitation Nursing Certification Board (RNCB) chair. Examination candidates must submit the documentation and receive approval no less than 10 days prior to their examination date.

The following section must be completed by the CRRN or candidate.

Name of CRRN/candidate

Current role (check one):

- I have left paid employment to care for a physically disabled or chronically ill family member.

Date you left paid employment

Relationship to individual receiving care

- I am in independent practice and do not have a supervisor or another CRRN in my work setting.

Date you began independent practice: _____

The following section must be completed by the individual providing verification of rehabilitation nursing experience.

Name of the individual providing verification

Address

City

State

ZIP

Work phone

Home phone

Relationship to CRRN/candidate

Length of time you have known CRRN/candidate

Instructions: Complete the following checklist indicating the tasks completed by the CRRN/candidate in his or her role as a rehabilitation nurse. It is not necessary for the individual nurse to perform all the tasks listed below. Check all that apply.

- Identify models and theories (e.g., self-care, family, developmental, aging, teaching, coping with stress, change, conflict management) using standards of care in order to plan, implement, and evaluate nursing practice.
- Assess, plan, implement, and evaluate health and disease management using standards of care for the restoration, maintenance, and promotion of optimal health.
- Assess and monitor nutritional and metabolic needs by interpreting collected data (e.g., swallowing, lab results, caloric counts, Braden scale, intake, and output) to plan and implement interventions and to evaluate outcomes for optimal nutritional status, fluid volume, and skin integrity.
- Determine elimination needs using assessment data to plan, implement, and evaluate individualized, regular, and predictable bowel and bladder management program.
- Identify individualized activity tolerance and exercise routine using their functional abilities and lifestyle to plan, implement, and evaluate optimal self-care, mobility, respiratory and cardiovascular function.
- Assess, plan, implement, and evaluate activities for individuals with sleep-rest disturbances using strategies (e.g., imagery, music therapy, medications) in order to promote adequate rejuvenation.
- Assess the cognitive perception issues of individuals using tools (e.g., Rancho scale, Glasgow Coma Scale, Mini Mental Exam) and standards of care in order to plan, implement, and evaluate achievable outcomes towards independence.
- Identify an individual's self-image (e.g., self-perception and self-concept) using interview and observation skills to plan, implement, and evaluate interventions that promote optimal self-worth.
- Recognize changes in roles of and relationships between individuals using activities (e.g., Q&A format, observation, and family dynamics) to plan, implement, and evaluate strategies to improve altered lifestyle.
- Identify and assess the sexuality and reproductive cycles of the individual using strategies (e.g., body positioning, PLISSIT) in order to plan, implement, and evaluate appropriate developmental and functional ability.
- Assess coping and stress management strategies (e.g., decision making, problem solving) of the individual's and family's plan of care using interventions (e.g., anger management, spirituality, imagery) in order to plan, implement, and evaluate optimal interactions.
- Assess individual's values and belief system (e.g., observation, Q&A) and plan, implement, and evaluate interventions using strategies in order to achieve holistic wellness.
- Assess individualized spirituality using strategies to plan, implement, and evaluate interventions (e.g., psychosocial support, and clergy) in order to work towards holistic health, peace, and spiritual well-being.
- Assess communication abilities and deficits of the individual to plan, implement, and evaluate established techniques using standard protocols and tools in order to allow communication of needs.

- Interact with the interdisciplinary team members using effective communication skills and goal setting to progress the individual to attain and maintain their highest level of independence and optimal health.
- Identify and teach life skills to individuals using a variety of strategies (e.g., coping, culture, spiritual, social, and economic) in order to effectively return to and remain in a community setting.
- Identify and coordinate discharge planning strategies of the individual and caregiver (e.g. family, power of attorney) using available resources (e.g., financial, community, geographic, spiritual) in order to continue a prescribed level of services and care to meet their needs.
- Identify legislative and regulatory issues (e.g., ADA, Section 504 of the Rehabilitation Act of 1973, social security, Medicare, Medicaid) that can affect the individual with an altered functional ability using practice standards in order to promote independence and access to care.
- Identify and implement cost effective care to individuals using appropriate and available resources to promote optimal health.
- Integrate knowledge of ethical and legal considerations using practice standards in order to advocate for individuals with chronic illness and disability.

I hereby verify that this CRRN/candidate has completed at least 2 years' experience as a registered professional nurse in rehabilitation nursing with the last 5 years by the date of application.

Signature

Date

Mail completed form to

RNCB
4700 W. Lake Avenue
Glenview, IL 60025
800/229-7530