



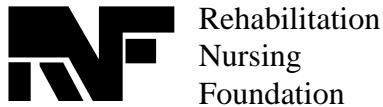
Rehabilitation  
Nursing  
Foundation

# Grant Program

- New Investigator Research Grant
- RNF Fellow Research Grant
- Sigma Theta Tau/RNF Research Grant
- ONSF/RNF Research Grant

# Rehabilitation Nursing Foundation Grant Opportunities

## Rehabilitation Nursing Foundation Research Grants



The Rehabilitation Nursing Foundation offers \$30,000 in the form of multiple grants for research that addresses the clinical practice, educational or administrative dimensions of rehabilitation nursing. The **New Investigator Award** grants up to \$10,000 for nurses who are novice researchers. Up to two **Research Fellow Grants** will be awarded from the remaining funds.

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## Co-Sponsored Research Grant



Sigma Theta Tau International  
Honor Society of Nursing®

The **Sigma Theta Tau International/Rehabilitation Nursing Foundation Research Grant** provides \$4,500 for research related to rehabilitation nursing. The principal investigator for this grant must have a master's degree in nursing.



The **ONSF/RNF** grant is co-sponsored by the Rehabilitation Nursing Foundation and the Oncology Nursing Society Foundation. The grant provides \$10,000 for one research project that will advance rehabilitation nursing in patients with cancer.

## Questions

Nurse researchers who have specific questions or concerns not addressed in this packet should contact the RNF office.

Rehabilitation Nursing Foundation  
4700 W. Lake Avenue  
Glenview, IL 60025  
800/229-7530 or 847/375-4710  
E-mail [info@rehabnurse.org](mailto:info@rehabnurse.org)

# Introduction

## Rehabilitation Nursing Foundation (RNF)

The Rehabilitation Nursing Foundation (RNF) was formed by the Association of Rehabilitation Nurses (ARN) for the purpose of advancing rehabilitation nursing through education and research. The grant program was established in 1988 to encourage nurses to conduct research.

## Mission Statement

The Rehabilitation Nursing Foundation is dedicated to advancing rehabilitation nursing practice by promoting, supporting, conducting and disseminating research to improve the quality of healthcare to individuals with disability or chronic illness.

## Rehabilitation Nursing

Rehabilitation nursing is a specialty practice area within the scope of professional nursing practice. Rehabilitation is the diagnosis and treatment of human responses of individuals and groups to actual or potential health problems stemming from altered functional ability and altered life-style.

The goal of rehabilitation nursing is to assist the individual with disability and chronic illness in the restoration and maintenance of maximal health. The rehabilitation nurse should be skilled at treating alterations in functional ability and life-style resulting from physical disability and chronic illness.

Rehabilitation nurses provide comfort and therapy, promote health-conducive adjustments, support adaptive capabilities, and promote achievable independence. This practice takes place in many settings and roles.

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# Guidelines for Proposals

## Focus Areas

Research proposals that address clinical practice or educational or administrative dimensions of rehabilitation nursing are requested. Quantitative and qualitative research projects will be accepted for review.

## Eligible Applicants

The principal investigator for the research project must be a registered nurse who is active in rehabilitation or who demonstrates interest in and significant contributions to rehabilitation nursing. Membership in the Association of Rehabilitation Nurses is not required. Graduate student researchers are eligible for funding.

## Responsibilities of Principal Investigator

Responsibilities include:

1. Completion of the project within 2 years of initial funding;
2. Submission of a progress report to the RNF Research Fund Committee every 6 months until the research is completed;
3. Submission of a publishable manuscript presenting the research to *Rehabilitation Nursing* or another appropriate refereed journal;
4. Presentation of a paper or poster pertaining to the research at an Association of Rehabilitation Nurses educational conference within 2 years of initial funding;
5. Acknowledgment in any publication, paper, or poster that the project and research were supported by the Rehabilitation Nursing Foundation of the Association of Rehabilitation Nurses; and
6. RNF Research Fellows may be encouraged to serve as mentors for novice researchers.

## Required Information

Prepare the proposal which is not to exceed 10 double-space, typed, 8 ½" x 11" pages exclusive of the project budget, appendices, and references. Use 12-point type for all documents included in the application.

1. All applicants must complete the **Summary Data Form** included in the packet.
2. Use the space on the **Abstract Form** for a typed, 250 to 350 word abstract defining the research problem, stating the significance of the research, and presenting the research methodology and plan for analysis.
3. The institution or agency named in the proposal must complete the **Administrative Approval Form** to indicate acknowledgment and approval of the research project.

4. All applicants must complete the **Research Grant Checklist** to verify inclusion of all required materials and include it as part of the application.

### ***Headings***

Complete proposals must include the following headings:

#### ***Statement of the Problem***

This section includes the description of the problem, its significance to rehabilitation nursing, a concise and critical review of current literature, the research question(s), objectives, and any hypotheses.

#### ***Methodology***

This section describes the research setting and the approach to the research question(s). At a minimum, include a description of the sample population, variables, data collection, procedures, instruments, analysis, and implications. A precise timeline illustrating project tasks and objectives to be completed in less than 2 years is required. If the research design is qualitative, corresponding methodology and scientific rigor are expected.

#### ***References***

This section cites bibliographic information in the proposal.

#### ***Project Budget***

1. A budget for the entire project must be submitted. If RNF funds are to be used for only a portion of the budget, identify the specific items for which you seek support. Identify remaining items to be funded from other sources and in-kind contributions. Clearly describe those sources of funding or support in addition to the amount you are seeking from each entity.
2. This section must specify the direct costs associated with the research. Neither indirect costs nor travel expenses to conferences for presentations are funded by RNF. Neither the principal investigator's salary nor the purchase of a computer will be funded unless significant justification is provided in the proposal. Note contributed funds, personnel, or indirect allowances. The budget must represent sufficient funds to complete the project.

3. Because funds are not distributed in one sum, the principal investigator should propose a strategy for the receipt and distribution of funds during the length of the project. The strategy should facilitate the conduct of the study and may be done on a semiannual basis, by expense voucher, by task or objective, or by another means. The funding year shall begin in January following the awarding of the grant at the ARN educational conference.

#### ***Personnel***

Clearly specify the principal investigator for the project who will be the grant recipient responsible for the conduct of the study. Indicate the rehabilitation nursing activities and contributions of the principal investigator. Describe the functions of all personnel involved with the project.

If there are co-investigators or consultants, describe fully the contributions of each to the project. Include the curriculum vitae of the principal investigator, all co-investigators, and consultants. If applying for the New Investigator Grant, include CVs of advisors and mentors.

#### ***Setting***

Obtain written approval of the administrative officer of the institution or agency in which the proposed study will be conducted (Administrative Approval Form).

#### ***Review and Approval***

The principal investigator must provide proof of review and approval by his or her institution's Human Subjects Review Board or Institutional Review Board (IRB) and approval by an educational institution or the institution where the research will be conducted.

Pending approval will not disqualify a proposal for review, but final approval must be given before the grant is awarded.

#### ***Appendices***

Include citations of supportive information and data collection tools. Include any or all of the following in the Appendices:

- Appendix A: Measurement Instruments
- Appendix B: Human Subjects and/or Animal Subject Approval
- Appendix C: Consent Forms
- Appendix D: Institutional Agreements
- Appendix E: Curriculum Vitae and Other Supporting Documents

# Submission Guidelines

## Deadline

The Research Fund Committee reviews proposals once a year. **Proposals must be postmarked by February 1.** Proposals postmarked after that date will not be considered.

## Requirements

1. Submit the original and eight (8) copies.
2. Complete all proposal materials. Incomplete proposals will not be considered.
3. Include a self-addressed, stamped postcard, which will be returned as notification of receipt by RNF.
4. Address proposals to:  
Rehabilitation Nursing Foundation  
Attn: Research Grants  
4700 W. Lake Avenue  
Glenview, IL 60025-1485

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## Evaluation Procedures

Proposals will be reviewed by members of the Research Fund Committee and a peer review panel. Proposals will be rated according to predetermined weighted criteria. The committee members and peer review panel will recommend the proposals selected to receive funding to the RNF Board of Trustees.

All principal investigators will be notified of the disposition of their proposals after action by the RNF Board of Trustees. Principal investigators will receive a summary critique of their proposal from the Research Fund Committee.

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## Notification of Award

Grant recipients will be notified in August. Public announcement of the grant recipients will be made by the RNF Chair at the ARN educational conference. RNF requests that recipients do not publicly announce receipt of the grant until after the ARN educational conference. Recipients are strongly encouraged to attend the conference.

Funds will be awarded to the institution, agency, or investigator at the discretion of the RNF Board of Trustees and will be based on the recommendations of the Research Fund Committee. The strategy for

funding proposed by the principal investigators will be considered in the decision.

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## Research Agenda

### Introduction

It is increasingly important that rehabilitation nursing practice be based on sound knowledge about the planning, implementation, and evaluation of care.

The Rehabilitation Nursing Foundation (RNF) has developed a research agenda to identify the gaps in rehabilitation nursing knowledge and to facilitate and encourage research that can improve that knowledge.

### Focus Areas

The agenda addresses five areas and brief descriptions found in the agenda are included in this packet. The five areas addressed are:

- Nursing interventions, including management of symptoms, to promote function in people with chronic illness or physical disability
- Health promotion and prevention strategies to facilitate self-care and independence for people with or at risk for physical disability or chronic illness
- Rehabilitation practices in the changing healthcare system
- Community context of care for people with or at risk for physical disability or chronic illness and for their quality of life
- Outcomes and costs influenced by rehabilitation nurses in multidisciplinary settings and across the continuum of care

### Conclusions

RNF encourages nurse researchers and those who fund research to consider this agenda when planning their own research activities.

Extra credit will be given to applicants who use the research agenda enclosed with this application and the National Institute of Nursing Research (NINR) priorities that can be found on the NINR web site at <http://ninr.nih.gov/ninr/research/diversity/mission.html> in planning their research proposal.

For tips on writing a research proposal, go to: [www.rehabnurse.org/pdf/RNFTips.pdf](http://www.rehabnurse.org/pdf/RNFTips.pdf)

# Proposals Funded by RNF

- 1988**      *Developmental Competence in Adolescents with an Acquired Disability*
- 1989**      *Health-promoting Knowledge, Attitudes, and Behaviors of Adults with Disabilities*
- 1990**      *Managing the Trajectory: Determinants of Self-Care in Individuals with Parkinson's Disease*
- 1991**      *Quality of Life in Spinal Cord Injured Persons after Colostomy*
- 1992**      *Levels of Functioning in the Chronically Mentally Ill: Norms and Psychometrics*
- 1993**      *The Effects of Pulmonary Rehabilitation on Self-Efficacy, Physical Health, Quality of Life and Activity Level in Individuals with Chronic Obstructive Pulmonary Disease*
- 1994**      *A Description of Hope by Older Adults Following a Cerebrovascular Accident*
- 1995**      *Ethical Conflicts Facing Certified Rehabilitation Nurses (CRRNs)*  
*Factors Influencing Self-Care and Actualization for Rural Residing Puerto Rican Children with Spina Bifida*  
*Differences in Perceived Post-Stroke Quality of Life Among Stroke Survivors, their Significant Other, and Nurse*
- 1996**      *An Analysis of Patients' Values Before and Six Months After Coronary Artery Bypass Graft Surgery in Relation to Psychosocial Adjustment to Surgery*  
*Rehabilitation of Memory in Older Adults*  
*Effectiveness of Pain Management Interventions for Older Persons with Arthritis*
- 1997**      *The Experience and Meaning of Caring for Urban Family Caregivers of Persons with Stroke*  
*Trajectory Phases and Management in Rural Stroke Survivors and Their Caregivers*  
*Validation of the Rehabilitation Nursing Standards of Practice*
- 1998**      *Older Adults and Cardiac Rehabilitation Outcomes*  
*Understanding the Consumer's Perspective of Disability and Quality of Life: Implications for Service Delivery*  
*A Feasibility Study of Exercise, Fatigue, and Breast Cancer*
- 1999**      *Having Courage: The Experience of Persons Living with Spinal Cord Injury*  
*A Descriptive Study of Neurologic & Neuroendocrine Differences Between Inmates Convicted of Violent versus Nonviolent Crimes in a Women's Correctional Facility*  
*The Experience of Nursing Care in Rehabilitation*
- 2000**      *Social Capital as a Family Health Resource: Instrument Development*  
*Impact of a Restorative Care Training Program: Improving Quality of Assistance provided by Nursing Assistants at Mealtimes*  
*Take Control: A Group-Based, Self-Management Program for Women with Urinary Incontinence*  
*Blood Pressure and Heart Rate Variability for Exercise Decision Making in Stroke Rehabilitation*

- 2001**      *Caring-Web: A Pilot Study of In-home, On-line Support for Rural Caregivers of Persons with Stroke*  
*Rehabilitation Nurses Online: An Analysis of the Breadth and Depth of the Listserv Experience*  
*Orientation and the Onset of Neurological Complications in Brain Injury and Stroke*  
*Strategies Used by Community-Dwelling Elders with Chronic Health Problems to Manage Personal Integrity*  
*Stroke Impact: Quality of Life and Resources*  
*Evaluation of the Internet as a Media for Information and Group Support Among Those with Urinary Management Needs*
- 2002**      *Rehabilitation Needs of Women with Spinal Cord Injuries*  
*Life changes in Individuals Diagnosed with Sleep Apnea While Accomodating to Continuous Positive Airway (CPAP) Devices*
- 2003**      *Wrist Actigraphy During Pulmonary Rehabilitation in Persons with Chronic Obstructive Pulmonary Disease*  
*Changes in Continuity/Discontinuity of Self in Stroke Survivors: A Reliability, Stability, and Validity Study*  
*Urologic Outcomes and Quality of Life in Children and Adolescents with Neurogenic Bladder: A Pilot Study*
- 2004**      *Pelvice Floor Care Needs and Preferences in Older Women*  
*The Development of a Normalization Assessment Measure*  
*The Effect of Using the Adaptive Crawler™ on the Development of Infants with Spina Bifida, Age 6-12 Months*  
*Examining Adherence to Anthrombotic Therapy: A Telephone Intervention*
- 2005**      *New Caregivers' Experience of Caring*  
*Wheelchair Seating and Pulmonary Function in Children; Rehabilitation Nursing*
- 2006**      *Women's Rehabilitation Experiences Following Breast Cancer Surgery*  
*Caregiver and Nurse Expectations Regarding the Recovery of the Patient with Acquired Brain Injury*  
*The Early Impact of the Inpatient Rehabilitation Facility "75 percent rule"*
- 2007**      *Community Integration after Spinal Cord Injury: Identifying Barriers and Facilitators through Photovoice*  
*Measuring Health Related Quality of Life in Stroke Survivors and Spousal Caregivers*
- 2008**      *The experience of community-living men with fecal incontinence*  
*Web-based Psychosocial Assessment for Caregivers of Persons with Dementia: A Feasibility Study*  
*Understanding Caregivers' Decision Process When Choosing to Institutionalize a Relative with Parkinson's Disease*
- 2009**      *Impact of an Oral care Protocol on Post-Stroke Survivors: A Pilot Study*  
*A Feasibility Study to Determine the Effect of Omega-3 Fatty Acids on Urogenital Atrophy*  
*Nursing Care Practices and Other Factors Associated with Physical Function in Hospitalized Older Adults*  
*Caregivers of Persons on Prolonged Mechanical Ventilation: Mind-Body Interaction Model*  
*Quality of Life during Rehabilitation: Rectal Cancer Partner Experiences with Altered Bowl Function*



Rehabilitation  
Nursing  
Foundation

# Research Grant Checklist

Principal Investigator

Title of Proposal

*Please indicate which grant you are applying for*

RNF New Investigator Research Grant  
Sigma Theta Tau/RNF Research Grant

RNF Fellow Research Grant  
ONSF/RNF Research Grant

The New Investigator Grant is designed to provide funding for the novice researcher. This grant is for rehabilitation nurses who have research questions to examine or graduate students working on theses or dissertations. Applicants for the New Investigator Grant are encouraged to work with a more experienced researcher, who may or may not be a nurse, to assist with research design, methods, data analysis, and budget preparation. The Rehabilitation Nursing Foundation reserves the right to withhold presentation of the New Investigator Grant if an appropriate application has not been submitted. Criteria for the grant are as follows:

- The researcher has **not** conducted independent research at the postdoctoral level.
- The researcher has a rehabilitation focus.
- The researcher has **not** had previous funding of more than \$5,000.
- The researcher agrees to the RNF research grant guidelines.
- The researcher has identified a qualified mentor/advisor.

## Enclosed

## Received

- Summary Data Form (Original and eight copies)
- Abstract Form (Original and eight copies)
- Administrative Approval Form (One copy)
  - Grant Contact Form (One copy)
- Checklist (Original and eight copies)
- Original proposal and eight copies
  - Proposal (not to exceed 10 pages) should include
    - Statement of the Problem
    - Methodology
    - Personnel
    - Setting
    - Review and Approval
- Appendices (Original and eight copies)
  - Measurement Instruments
  - Human Subjects and/or Animal Subject Approval
  - Consent Forms
  - Institutional Agreements
  - Curriculum Vitae and Other Supporting Documents

### Send Proposals to:

Rehabilitation Nursing Foundation  
Attn: Research Grants  
4700 W. Lake Avenue  
Glenview, IL 60025-1485

# Rehabilitation Nursing Foundation Summary Data Form

*Please type or print clearly*

**Title of Proposal**

**Name and credentials of Principal Investigator**

**Amount of funding requested**

**If awarded, grant funds should be dispersed to**

Institution or Agency

Individual Researcher

Federal Id #

Social Security #

*Please check the check box to indicate your preferred mailing address.*

**Home Address**

City

State

Zip Code

**Home Telephone Number**

**Place of Employment**

**Address**

City

State

Zip Code

**Work Telephone Number**

**Email Address**

**Professional Title**

**Licensed registered nurse numbers and states**

**Institution where research will be conducted**

**Address**

**Name and title of administrative officer of the institution**

**Institution Telephone Number**

**Name and credentials of co-investigator(s) *if applicable***

# **Rehabilitation Nursing Foundation**

## **Grant Contact Form**

Please provide information regarding the contact person for the grant funding agreement and disbursement of funds should application be selected  
*Please type clearly*

**Contact Person**

**Title**

**Phone**

**E-mail**

**Checks should be made payable to**

**Address to send check**

**City**

**State**

**Zip Code**

# Rehabilitation Nursing Foundation

## Abstract Form

In 250-350 words, define the research problem, state the significance of the research, and present the research methodology and plan for analysis. **DO NOT USE A SEPARATE SHEET.**

# Rehabilitation Nursing Foundation Administrative Approval Form

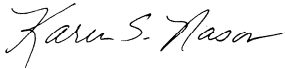
Dear Administrator:

The individual named below plans to submit a research proposal to the Rehabilitation Nursing Foundation with the intent of securing a nursing research grant. The Rehabilitation Nursing Foundation is the research and development foundation of the Association of Rehabilitation Nurses.

The RNF Board of Trustees requests your signature as an administrator of the institution or agency named in the aforementioned proposal to indicate your acknowledgment and approval of this research project, which would be conducted at the institution named below if financial support is granted.

Thank you for your time and your support of this worthwhile project. Please return this form to the principal investigator, who will enclose it with other application materials.

Sincerely,



Karen S. Nason

Executive Director

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Name of principal investigator

Title of Proposal

Name of institution at which research will be conducted

Please indicate whether your institution or agency does or does not wish to be identified in any published report of this research. Please specify other approvals, if any that are necessary before this research can be conducted at your institution.

The institution may be identified

The institution may *not* be identified.

Signature of administrative officer of the institution \_\_\_\_\_

Title

Date

Other necessary approvals

*Return this form to the principal investigator for inclusion in the proposal packet.*