SAMPLE QUESTIONS
The following 15 questions serve as samples of the question type and content found on the CRRN examination.

1. Mr. Smith is a 54-year-old male who had a left middle cerebral artery stroke with right spastic hemiparesis. He is alert and oriented times three. He transfers with assistance of one person. He can walk 25 feet with minimal assistance using a hemi-walker. Mr. Smith had an indwelling foley catheter that was removed yesterday. On patient rounds Mr. Smith says he wants to try to be continent. What behavioral nursing intervention would be used to attain bladder continence?
   A. Bladder retraining  
   B. Pharmacological  
   C. Indwelling foley catheter  
   D. Digital stimulation

2. What is the cause of learned helplessness?
   A. Cognitive deficits secondary to trauma  
   B. Unresolved developmental conflicts  
   C. Failure to adequately assimilate the rehabilitation process  
   D. Previous exposure to events over which the patient has no control

3. The summer before his senior year of high school, Brian suffered a complete spinal cord injury at L4-L5. Brian began to question his purpose in life. What initial nursing intervention you would implement to decrease Brian’s spiritual distress?
   A. Challenge his belief and value systems.  
   B. Develop trust with him by listening and telling him the best way to handle the situation.  
   C. Help him see that anger toward God or his higher power is a common reaction to his disability.  
   D. Begin to prioritize steps to regain his mobility.

4. A 19-year-old male with a T12 spinal cord injury is admitted to your care with an infected stage III pressure ulcer. He is able to direct all aspects of his self care (verbalize the need for frequent position changes, the need to continue his antibiotics until complete, the need to continue in his efforts with smoking cessation and demonstrates appropriate pressure releases). According to Orem’s theory of Self-Care Deficits which of the following interventions should you do?
   A. Encourage the young man’s family to hire 24 hour caregivers  
   B. Encourage the young man in his efforts to live independently  
   C. Encourage the young man’s family to be more active in his care  
   D. Encourage the young man to live in a group home.

5. What activity is KEY to establishing a great team?
   A. Effective communication on family issues.  
   B. Individual disciplines defining goals for the patient.  
   C. Providing support to family members.  
   D. Facilitating group process by identifying formal and informal leaders.

6. Medicare will reimburse up to three hours of medically indicated therapy per day. This includes, but is not limited to, which of the following?
   A. Prosthetic-orthosis services, psychology, therapeutic recreation  
   B. Occupational therapy, physical therapy, speech-language pathology services  
   C. Occupational therapy, physical therapy, therapeutic recreation  
   D. Occupational therapy, physical therapy, psychology
7. Your patient is an adolescent male with spina bifida. According to Erickson's theory of developmental tasks which of the following interventions would be appropriate?
   A. Give honest, accurate sexuality information
   B. Use models and diagrams to teach self-care
   C. Involve parents and siblings in care
   D. Facilitate participation in organized sports and recreational programs

8. What is the BEST description of homeopathy?
   A. A system that addresses supernatural conditions that may result from evil spirits and spells
   B. A system that focuses on prevention of disease and restoration of health
   C. A system that holds that a condition could be cured by inducing a mild form of a like condition
   D. A system that deals with balance and imbalance of vital energies

9. A 36-year-old patient with cerebral palsy has difficulty swallowing. Based on his neuromuscular disease, which phase of swallowing is most likely involved?
   A. Oral preparatory phase
   B. Oral propulsive phase
   C. Pharyngeal phase
   D. Esophageal phase

The following scenario applies to questions 10 and 11.
Mr. Doe is a 19-year-old male who was an unrestrained passenger in a motor vehicle accident collision into a wall. There is a prolonged extrication from the vehicle. He is intubated on arrival to the emergency room. His initial Glasgow Coma scale is 8 on arrival to the acute trauma center. He is diagnosed with a left frontal skull fracture, 3 mm subdural hematoma and orbital facial fractures. He is admitted to your traumatic brain injury rehabilitation program 14 days post injury.

10. Mr. Doe is confused, highly distractible, and continual requires redirection. He has difficulty learning new task and becomes agitated by too much stimuli. What level of the Rancho Los Amigos Cognitive Functions scale is Mr. Doe?
    A. Rancho II
    B. Rancho III
    C. Rancho IV
    D. Rancho V

11. At the initial patient care conference the physical therapist indicates Mr. Doe is not actively participating in therapy session because he is very somnolent. The nurse reports that Mr. Doe is awake and restless most of the night. What is the primary Nursing diagnosis for Mr. Doe?
    A. Sleep Pattern Disturbance
    B. Altered thought process
    C. Sensory/perceptual alterations
    D. Altered Role performance
12. Mrs. Smith had a left CVA and is being evaluated for a discharge FIM, dressing upper body. She threads both arms into her bra. The helper hooks the bra. She threads her head and arms into a t-shirt then pulls the shirt down. Mrs. Smith threads her right arm into a sleeve, pulls it around her back and threads her left arm into the other sleeve. She then buttons her shirt and tucks it in. What is her level of assist?
   A. Moderate assist
   B. Minimal assist
   C. Total assist
   D. Independent

13. What is the PRIMARY function of the hospital ethics committee?
   A. Provide structure and guidelines for potential problems
   B. Serve as an open forum for discussions
   C. Speak for patients to doctors about care issues
   D. Provide clinical case consultation

14. What approach is important for the patient to progress through their rehab program?
   A. Goals serving as the foundation for the treatment plan
   B. Team members rely on case managers to determine direction of the plan
   C. Disengagement is key to reducing the cost of care
   D. Individuals measuring progress against team standards

15. Which term describes the beliefs in one’s capabilities to organize and execute the course of action required to reach a goal?
   A. Self concept
   B. Self-efficacy
   C. Self-esteem
   D. Optimism

The key is on the following page.
Sample Questions Answer Key
1 – A; 2 – D; 3 – C; 4 – B; 5 – D; 6 – B; 7 – A; 8 – C; 9 – A; 10 – D; 11 – A; 12 – B; 13 – D; 14 – A; 15 – B